

# Uniform and Packing Guidelines

Fernwood is a uniform camp, which fulfills our desire to live simply without emphasis on appearances. Our official outfitter is Amerasport. It is not required that you order your uniform items from Amerasport, however, they are the only authorized source for Fernwood logo items. Orders may be placed by mail, fax or phone or online at [www.amerasport.com](http://www.amerasport.com).

**TO ENSURE RECEIPT OF YOUR UNIFORM IN TIME FOR CAMP,  
WE HIGHLY SUGGEST ORDERING IN FEBRUARY OR MARCH, BEFORE THE RUSH.**

**UNIFORM:** The regulation Fernwood uniform is white (on top) and dark hunter green (on bottom). Campers must wear uniforms at all times except at Sunday night campfire and special events. Amerasport offers many types of shorts in Fernwood green and white, as well as t-shirts, tanks, and polo shirts. All CF uniform items from previous summers are perfectly acceptable.

Any short-sleeved, solid white shirt is also acceptable uniform, as are dark hunter green pants, parkas, sweaters, or sweats. No clothing of other colors or with other logos or emblems may be worn as uniform.

At least 1 hunter green polar fleece outer garment is required uniform for all campers. This type of material dries quickly and provides the greatest comfort and warmth for any outdoor activities, including extreme weather. Amerasport offers a polar fleece in hunter green with our logo, however, a similar item is also sufficient.

**WHITES:** Campers wear ALL white shorts & t shirts for camper services and other special events.

**SHOES:** Sneakers are REQUIRED – at least 1 pair. Flip flops, loafers, clogs, etc. are not permitted for sports. Older campers who plan to go on mountain trips may bring optional hiking boots or wear sneakers with good support. Platform shoes, slides, or heels are not permitted at camp and may not be worn.

**WEATHER PROTECTION:** Please provide your child with a raincoat, a pair of rainpants, and waterproof footwear (i.e. duck shoes or rubber boots). It is not necessary that raingear be hunter green – any color is acceptable.

**CAMPING GEAR:** Each camper MUST HAVE at least 2 water bottles, and a day pack with two shoulder straps for carrying a few things and her lunch on trip day. A good waterproof jacket and RAINPANTS are essential items for trips and rainy days. Campers wishing to participate in outdoor overnights will need a sleeping bag.

**BEDDING, TOWELS, ETC.:** Towels, bed linens and blankets are provided to each camper, along with a small chest of drawers to hold her uniform and a few extra clothing items. Each camper should bring her own pillow. Please do not send personal towels, blankets, sheets, or hard trunks that need summer storage, as there is not enough room in each bunk to store these items, and they will need to be sent home. (Pillows are provided for int'l campers)

**NOTE:** *If camper has purchased the optional hunter green vintage CF fleece blanket from Amerasport, we do allow it to be used as a top blanket on camper beds. It was replicated in honor of our 90<sup>th</sup> anniversary.*

**DUPLICATES:** If your daughter wears glasses, please give her a duplicate pair in case of emergency. Shatterproof lenses are safer than ordinary ones for sports.

**ELECTRONIC ITEMS:** *(Please read policy on electronics for specifics)* It can sometimes be challenging for children to keep track of their belongings at camp. For this reason, we recommend that you refrain from sending expensive electronics of any kind, and remember no electricity means no ability to charge electronics.

**JEWELRY & MAKEUP:** Camp is simple. Makeup should not be sent to camp. Expensive or excessive costume jewelry is also not appropriate in the camp setting. Dangling earrings and loose jewelry are dangerous if worn in sports and are not permitted. Simple studs are fine. Please guide your daughter in exercising good judgment when packing.

**CLOTHING LABELS:** **EVERYTHING your child sends to camp should be labeled with STICK IN LABELS and her FULL NAME!** CHOOSE QUALITY STICK IN CLOTHING LABELS ONLY!!!! NO IRON ON PERMITTED. Iron on labels are not designed to withstand the heat of commercial clothing dryers, and they fall off. The #1 reason children lose clothing at camp is because their labels have fallen off.

Labels must include full first and last name. In order to facilitate laundry sorting, please place labels as indicated:

- **center back neck band of shirts, sweatshirts, etc.**
- **center back waistband of shorts, sweatpants, underpants, etc.**
- **socks should be marked with a waterproof Rub-A-Dub marker from Sharpie with FIRST & LAST NAME.**

**SUGGESTED LABEL VENDORS:** Label Lighthouse or Label Daddy are vendors that have worked well in the past. Stick in labels should be stuck on each and EVERYTHING brought to camp, including all clothes, gear, outerwear, shoes (both of them), sports equipment, toiletries, etc.

**SHARPIE “RUB-A-DUB” waterproof markers** are great marking for sleeping bags, rainwear, boots (both of them!), shoes, slippers, tennis racquets, flashlights, water bottles, cameras, etc. Items not properly marked may not return at the end of the summer. EVERY ITEM BROUGHT TO CAMP SHOULD HAVE A LABEL ON IT! Make sure to send a Rub-A-Dub to camp for marking anything she acquires during the summer.

**MISCELLANEOUS ARTICLES:** Please equip your daughter with the following: pads/tampons, flashlight and batteries, toothbrush and paste, soap, tissues, extra comb, toiletries, stationery and stamps. She will be able to purchase a limited supply of necessary items while at camp through our “Camp Mom”.

**PACKAGES:** Please supply your daughter with all her needs at the beginning of camp. A daily deluge of packages is an unnecessary burden on both our mailman and our secretaries. **Do not send food packages.** We provide your daughter with well-balanced meals, as well as healthy snacks between meals. Food and candy are not permitted in the bunks as they attract bugs and other unwelcome wildlife to the bunks; chewing gum is not permitted in camp at any time. ALL packages sent to camp are opened in our camp office and checked thoroughly for food. Please be advised that all food sent will be removed prior to mail delivery.

**TENNIS:** Each camper should have her own tennis racquet. Our tennis pro urges you to take your daughter along when you purchase her tennis racquet. The salesperson will advise you on proper fit, grip, and weight. Beginners need not buy an expensive racquet, as it will soon be outgrown. Please do not give her your old one unless you are certain that it is of suitable weight; a racquet that is too heavy is very discouraging to a beginner.

**RIDING:** All girls who ride should be equipped with inexpensive jodhpurs or riding tights (not sweat pants or jeans), and heeled paddock riding boots. Sneakers are not acceptable footwear for horseback riding. Her own riding helmet is required and must be ASTM/SEI approved to meet today's upgraded safety standards. Protective riding vests are provided for use at camp.

Chagrin Saddlery is a great resource for Horseback Riding uniform needs. Owned by a close friend, Chagrin is familiar with our program, has a huge in-stock selection, and can help you select appropriate riding gear.

Contact: [www.chagrinsaddlery.com](http://www.chagrinsaddlery.com) (440) 708-0674

**EQUIPMENT FOR OTHER ACTIVITIES:** The end of the packing list (next page) details other necessary & optional equipment for activities.

While your daughter needs a complete uniform, please do not send her with a lot of extra non-uniform clothing; one or two outfits for campfire or special events are plenty! If you have further questions, please do not hesitate to ask. The comfort, neatness and well-being of our girls is of prime importance to us.

**IMPORTANT: UNDERSHIRT STYLE TANKS, SPAGHETTI STRAP TOPS, AND TOPS EXPOSING THE MIDRIFF OR BRA STRAPS ARE UNACCEPTABLE AT CAMP OR AT ANY CAMP FUNCTIONS. WE ASK THAT YOU DO NOT BRING THEM TO CAMP.**

*Appropriate tops are t-shirts, polo shirts, or sleeveless shirts (not tanks) that cover bra straps completely. Ripped, torn, or cut-off clothing is not acceptable uniform and cannot be worn at camp. Uniform clothing must be hemmed, not cut. Campers wearing unacceptable clothing will be asked to change immediately. If a camper has no other acceptable clothing, Amerasport uniform compliant clothing will be purchased for her.*

# CAMP FERNWOOD PACKING CHECKLIST

**STICK-IN ADHESIVE LABELS ONLY PLEASE! No iron-in labels**

**Lost items can only be returned if all belongings are clearly labeled with FIRST & LAST NAME**

## BASIC REQUIRED ITEMS –please pack quantities shown below

REQUIRED #	Item	Purchased	Packed
12	White T Shirts -short sleeve		
2	White T Shirts - long sleeve		
10	Hunter Green Shorts		
2	White Shorts		
1	Green Polar Fleece jacket or ¼ zip		
2	Green Sweatshirt		
1	White Sweatshirt (must have 1 white)		
3	Green Sweatpants		
1	Waterproof Raincoat / Poncho – any color		
1	Waterproof Rain pants		
12 prs	Underwear		
12 prs	Athletic Socks		
3	Swimsuits – any color		
1	Rash guard / spf sun shirt		
2	Pajamas (1 warm flannel, 1 shorty cotton)		
1	LITE COTTON Waffle Robe (NOT thick terry, it will be wet all summer)		
2 sets	Regular Clothes (for campfire etc – PLEASE LIMIT TO 2 OUTFITS)		
1 pr	Jeans		
1	Baseball Cap / Sunhat		
2 pr	Sneakers		
1 pr	Rain Boots or Duck shoes		
1 pr	Flip flops or shower shoes		
1	MESH, breathable Laundry Bag		
1	Sharpie Rub-A-Dub laundry marker		
10	Extra self-adhesive clothing labels (NO iron-in)		
2	Water Bottles		
1	Wrist Watch		
5	A variety of Flashlights + LOTS of batteries		
1	Sleeping Bag		
1	Pillow (pillows are provided for int'l campers)		
2	Pillowcases (pillow cases are provided for int'l campers)		
1	Small Daypack (small knapsack, not a bag)		
1	“Crazy Creek” camp chair (hint: every camper has one!)		
1	End of bed Shoe bag (ties on to end of bed for storage)		
Various	Sunblock, Toiletries, Insect repellent		
1	Shower Basket (with holes for drainage)		
Various	Books & Stationery (envelopes pre-addressed & stamped)		
Several	Disposable cameras (no digital – there is no electricity to charge)		
Optional	Amerasport CF logo snuggly plush fleece blanket (hint: most campers have one!)		
Optional	Casual solid white cotton tank type dress for Sunday svc.		

**NOTE: We provide ALL linens/blankets/towels and ask you not to bring any of your own to camp. (more next page)**

The packing list details all of the items needed for camp with the quantities necessary to get from one weekly laundry cycle the next. PLEASE REMEMBER: *All camp uniform items must be free of any other logo, insignia writing, stripes or other colors aside from Green and White. Uniform tops are solid white and bottoms are solid hunter green.*

**Do not send rugs, furniture items, sheets, comforters, towels of any kind, wall posters, hanging decor or oversized stuffed animals to camp.** Packing beyond this list will crowd the bunk and give your daughter too many things to keep track of – especially if she is a new or younger camper. Living simply in the out-of-doors is our objective. We ask that you please stick to the list.

Amerasport ([www.amerasport.com/](http://www.amerasport.com/)) is our official camp outfitter. Most of the required items on the packing list can be ordered from Amerasport online or via telephone. You are not required to order uniform from Amerasport, and may choose to purchase your camp items elsewhere. “CAMP FERNWOOD” IS A REGISTERED TRADEMARK. ALL ITEMS WITH THE FERNWOOD NAME OR LOGO MUST COME ONLY FROM AMERASPORT.

## **ADDITIONAL OPTIONAL EQUIPMENT RECOMMENDATIONS:**

### **REQUIRED EQUIPMENT** – you MUST bring these items if participating in this activity

#### HORSEBACK RIDING -

*For well-priced and appropriate riding gear, please call Chagrin Saddlery, toll free 888-471-9612*

- riding paddock boots
- riding tights or breeches
- ASTM/SEI approved Riding Helmet

#### FIELD SPORTS

- cleats / shin guards
- goggles (lacrosse/field hockey)

#### TENNIS

- Tennis Racquet (required for all campers)

#### DANCE / GYMNASTICS

- Dance shoes (if you typically wear them)  
(campers practice dance in their uniforms – leotards are not necessary)

### **OPTIONAL EQUIPMENT** – you MAY bring these items if you wish

#### LACROSSE/FIELD HOCKEY

- Lacrosse or field hockey stick \*Lacrosse and field hockey sticks are provided or you may bring your own.
- Gloves

#### HIKING

- Wool socks and/or hiking boots for extended hiking/backpacking trips  
(older campers, grades 7-9)